

Hampton Roads is a region defined by water, from the creeks and The situation is serious and the time to act is now. Localities are tributaries that flow into the Chesapeake Bay, to the recreational and culinary options these watery trails provide. We're known for our beautiful beaches, on-water fun and fresh-caught seafood. But did you know that many of our region's waterways have swimming and shellfish harvesting restrictions because they contain unhealthy levels of bacteria? Or that these waterways, including the Chesapeake Bay, have insufficient levels of dissolved oxygen which cause harm to our aquatic life?

working hard to improve water quality by upgrading wastewater and stormwater infrastructure and installing natural systems to slow the flow of rainwater and filter out pollutants. HRSD (Hampton Roads Sanitation District) is doing its part by upgrading wastewater treatment plants to reduce the amount of nutrients in their discharges to our local waterways. Are we residents, though, doing enough to protect our unique and vulnerable landscape?

## ACTION WE TAKE HAS AN IMPACT ON OUR HOME SWEET HOME





SCOOP, BAG,

**AND TRASH** 

DOG WASTE













## MANY HAMPTON ROADS WATERWAYS **CONTAIN TOO MUCH SEDIMENT, NITROGEN, PHOSPHOROUS AND BACTERIA.**

## YOU'RE CLOSER THAN YOU THINK!



Even though you may not be able to see the Chesapeake Bay from your back yard, you're closer than you think! No matter where you live in the Chesapeake Bay watershed, it would take about 15 minutes to walk to a stream, river or body of water that flows into the Chesapeake Bay.

To combat this, the state has assigned Total Maximum Daily Loads (TMDL) to many of our waterways. A TMDL identifies how much pollutant a body of water can receive while still meeting water quality standards. You may have heard it called a "pollution diet."

In order to meet the TMDLs, state agencies are working with farmers and wastewater facilities to implement projects that reduce nutrient pollution; localities are undertaking capital improvement projects; and nonprofit river groups are working with private property owners to implement natural methods to manage rainfall.

Most of our waterways are part of the Chesapeake Bay Watershed. Therefore, our impaired waterways also are contributing to the poor health of the Chesapeake Bay, which has also been assigned a TMDL that every state within the watershed is working to achieve.





TEST SOI DON'T FEED THE WILDLIFE BEFORE FERTILIZING

PLANT MORE NATIVE PLANTS

**KEEP GRASS** AND YARD WASTE OUT OF THE STREET

DON'T TREAT THE TOILET LIKE A WASTE BASKET

CAN COOKING GREASE. SCRAPE LEFTOVER FOOD INTO THE TRASH AND CATCH FOOD SCRAPS IN THE SINK